SINDHORN
WELLNESS
by Resense

The Sindhorn Wellness Experiences

At Sindhorn Wellness by Resense, we seamlessly blend modern science with timeless tradition to transform treatments into unforgettable wellness experiences. Our dedicated team of experts is here to guide, inspire and assist you on a remarkable journey towards achieving complete balance and limitless vitality.

Every aspect of our wellness menu is meticulously crafted to surpass your expectations. Our massages bring soothing transformations, while the Body Experiences offer indulgent and personalised cleansing. Explore targeted, lavish facials, indulge in ultimate relaxation with The Sindhorn Collections and discover our must-try Definitive Experiences for a lasting sense of vibrancy.

We look forward to welcoming you to the world of well-being at Sindhorn Wellness by Resense. Our team is here to provide personalised and individual consultations to enhance your wellness journey.

SINDHORN WELLNESS by Resense

Price List

The Sindhorn Signatures

Gut Health Massage	90 minutes	THB 5,500
Hammam Ritual *The Moroccan Bath or The Turkish Bath*	60 minutes	THB 5,200
Upper Body Tension Relief	60 minutes	THB 4,500
Deep Relief *Lower Back and Legs Massage*	60 minutes	THB 4,500
Holistic Acupressure Facial Massage	60 minutes	THB 4,500

The Sindhorn Journeys

Moroccan Bath Ritual	120 minutes	THB 8,500
The Sindhorn Experience	120 minutes	THB 6,500
Sindhorn Renewal	120 minutes	THB 6,500
Essence of Thai *(Add-on Herbal Compress at THB 6,500)*	120 minutes	THB 5,500

The Sindhorn Collections

The Complete	180 minutes	THB 13,500
The Ultimate 111 Experience	150 minutes	THB 13,500
The Jet-Lag Recovery	150 minutes	THB 8,500
The De-Stress	150 minutes	THB 7,500

Facial Experiences

The Brightness Facial	75 minutes	THB 10,500
The Energy Facial	75 minutes	THB 10,500
Anti-Ageing Collagen Facial	75 Minutes	THB 11,500
The Black Diamond Lifting	90 minutes	THB 8,700
The Dramatic Healing	60 minutes	THB 6,800
The De-Puffing Cryo	90 minutes	THB 6,800
The Gentleman's Facial	60 minutes	THB 6,500

Body Experiences

The Black Diamond Sculpting	60 minutes	THB 7,000
The Slim & Firm	60 minutes	THB 5,500
The Bespoke Polish	60 minutes	THB 3,750
The Ballancer *Upper Body and/or Lower Body*	60 minutes	THB 3,400
The Rasul	30 minutes	THB 1,950

All prices are quoted in Thai Baht and are subject to a 10% service charge and 7% government tax.
ราคาข้างต้นระบุเป็นสกุลเงินบาท โดยยังไม่รวมค่าบริการ 10% และภาษีมูลค่าเพิ่ม 7%

SINDHORN WELLNESS by Resense

Price List

Massage Experiences

The Hot Stone	90 minutes 120 minutes	THB 5,700 THB 6,700
The Thai Compress Massage Experience	90 minutes 120 minutes	THB 5,700 THB 6,700
The Thai	60 minutes 90 minutes 120 minutes	THB 4,200 THB 5,200 THB 6,200
The Aroma	60 minutes 90 minutes 120 minutes	THB 4,200 THB 5,200 THB 6,200
The Bespoke	60 minutes 90 minutes 120 minutes	THB 4,200 THB 5,200 THB 6,200
The Deep	60 minutes 90 minutes 120 minutes	THB 4,500 THB 5,500 THB 6,500
The Back, Neck & Shoulders	60 minutes	THB 4,200
The Thai Foot	60 minutes	THB 3,750

Hydrotherapy Experiences

The Vichy Bespoke Polish	60 minutes	THB 4,350
The Detox Circuit	45 minutes	THB 4,000
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,950
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,950

Floating Experiences

The Float	60 minutes 90 minutes	THB 2,800 THB 3,500
The Dry Float	30 minutes	THB 1,800
The Dry Float & Wrap	30 minutes	THB 1,950

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500	
111SKIN Eye Mask	THB 1,000	
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

Thermal Journeys

Thermal Pass	THB 1,500

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Sindhorn Wellness by Resense
Sindhorn Kempinski Hotel Bangkok, 80 Soi Ton Son, Bangkok 10330 | Call 02-095-9999 | wellness.sindhorn@kempinski.com | www.sindhornwellness.com

The Sindhorn Signatures

Begin a transformative journey towards wellness with The Sindhorn Signatures, a collection designed to restore vitality and nurture your inner harmony. Unwind completely, embrace serenity, and cultivate a deep sense of tranquillity.

The Sindhorn Signatures

Gut Health Massage
90 minutes | THB 5,500

Inspired by the ancient Chi Nei Tsang practice, this abdominal therapy gently releases blockages, improves circulation and restores the healthy flow of energy within the internal organs. By working on the body's core, it supports digestive health, detoxification and overall vitality. Beyond the physical benefits, this treatment also helps release stored emotional tension, creating a sense of deep relaxation, inner balance and renewed energy.

Upper Body Tension Relief
60 minutes | THB 4,500

This therapeutic deep-tissue massage is designed to ease the stress of modern living. Focusing on the back, neck and shoulders, it releases tightness caused by long hours of sitting, travel and poor posture. Firm, slow strokes work deep into the muscles and connective tissue, restoring circulation, relieving fatigue and dissolving tension. The treatment helps rebalance the body's natural flow, often alleviating headaches and leaving you feeling light, relaxed and renewed.

Deep Relief – Lower Back and Legs Massage
60 minutes | THB 4,500

This therapeutic massage is dedicated to releasing deep-seated tension in the lower back and legs, areas often burdened by modern lifestyles and stress. It blends targeted massage techniques with potent active ingredients to restore circulation, ease discomfort and strengthen muscles and joints. The treatment melts away tension, promotes relaxation and leaves the body feeling grounded, balanced and renewed.

Holistic Acupressure Facial Massage
60 minutes | THB 4,500

This deeply restorative facial therapy is inspired by traditional Thai meridian principles. The treatment begins with nutrient-rich moringa oil to prepare the skin before acupressure points on the face, neck and ears are gently stimulated. Warm herbal poultices crafted with Thai medicinal powders melt tension, calm the mind and nourish the skin.

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YOUR WELLNESS JOURNEY

The Sindhorn Signatures

Hammam Ritual
The Moroccan Bath or The Turkish Bath
60 minutes | THB 5,200

Select from our range of detoxifying, stress-reducing treatments using salt, mud and water. Elevate your relaxation and enhance the benefits of your chosen treatment with an optional hydrotherapy session beforehand.

The Moroccan Bath
This experience starts with a deep cleansing using traditional black soap, followed by a vigorous full-body kessa-mitt exfoliation and finishes with a nourishing ghassoul mud wrap that leaves you feeling refreshed and renewed.

The Turkish Bath
This experience starts with a deep cleansing using traditional black soap, followed by a vigorous full-body kessa-mitt exfoliation, and finishes with a soothing foam massage that leaves you feeling cleansed and refreshed.

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500	
111SKIN Eye Mask	THB 1,000	
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

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SINDHORN WELLNESS

The Sindhorn Journeys

Embark on a transformative wellness journey with our exclusive experiences, thoughtfully curated to honour Thailand's rich wellness traditions. The additional time in a private relaxation suite is a part of every experience.

The Sindhorn Journeys

The Sindhorn Experience
120 minutes | THB 6,500
Includes a 45-minute body scrub and a 75-minute massage

This immersive head-to-toe ritual is designed to awaken and restore. Begin with your choice of an aromatic body scrub to gently polish and smooth the skin or a nourishing body wrap to replenish moisture and minerals. Continue with a tension-releasing full-body massage that melts away fatigue, leaving your body renewed and your mind deeply relaxed.

Sindhorn Renewal
120 minutes | THB 6,500
Includes a 60-minute massage and a 60-minute facial

This harmonising treatment restores balance to both body and skin. Soothe tired muscles with a personalised massage that promotes circulation and relieves built-up tension, then indulge in a rejuvenating facial tailored to your skin's needs. This complete renewal experience restores inner calm and reveals a radiant outer glow.

Essence of Thai
120 minutes | THB 5,500
Includes a 60-minute Thai massage and a 60-minute foot massage
(Add-on Herbal Compress at THB 6,500)

Reconnect with Thailand's healing heritage through rhythmic stretches, acupressure and gentle joint mobilisation. The Thai massage releases energy blockages, improves flexibility and restores the body's natural flow. For deeper relaxation, enhance your experience with a warm herbal compress that soothes muscles and promotes a profound sense of calm.

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YOUR WELLNESS JOURNEY

The Sindhorn Journeys

Moroccan Bath Ritual
120 minutes | THB 8,500
Includes a Moroccan hammam and a 60-minute massage

Step into a world of Eastern indulgence with our signature Moroccan Bath Ritual. The journey begins in the steamy warmth of the hammam, where natural black soap is applied before a full-body exfoliation that deeply cleanses and refines the skin. The experience concludes with a soothing aromatic massage that leaves the body silky-smooth, detoxified and deeply relaxed.

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500	
111SKIN Eye Mask	THB 1,000	
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

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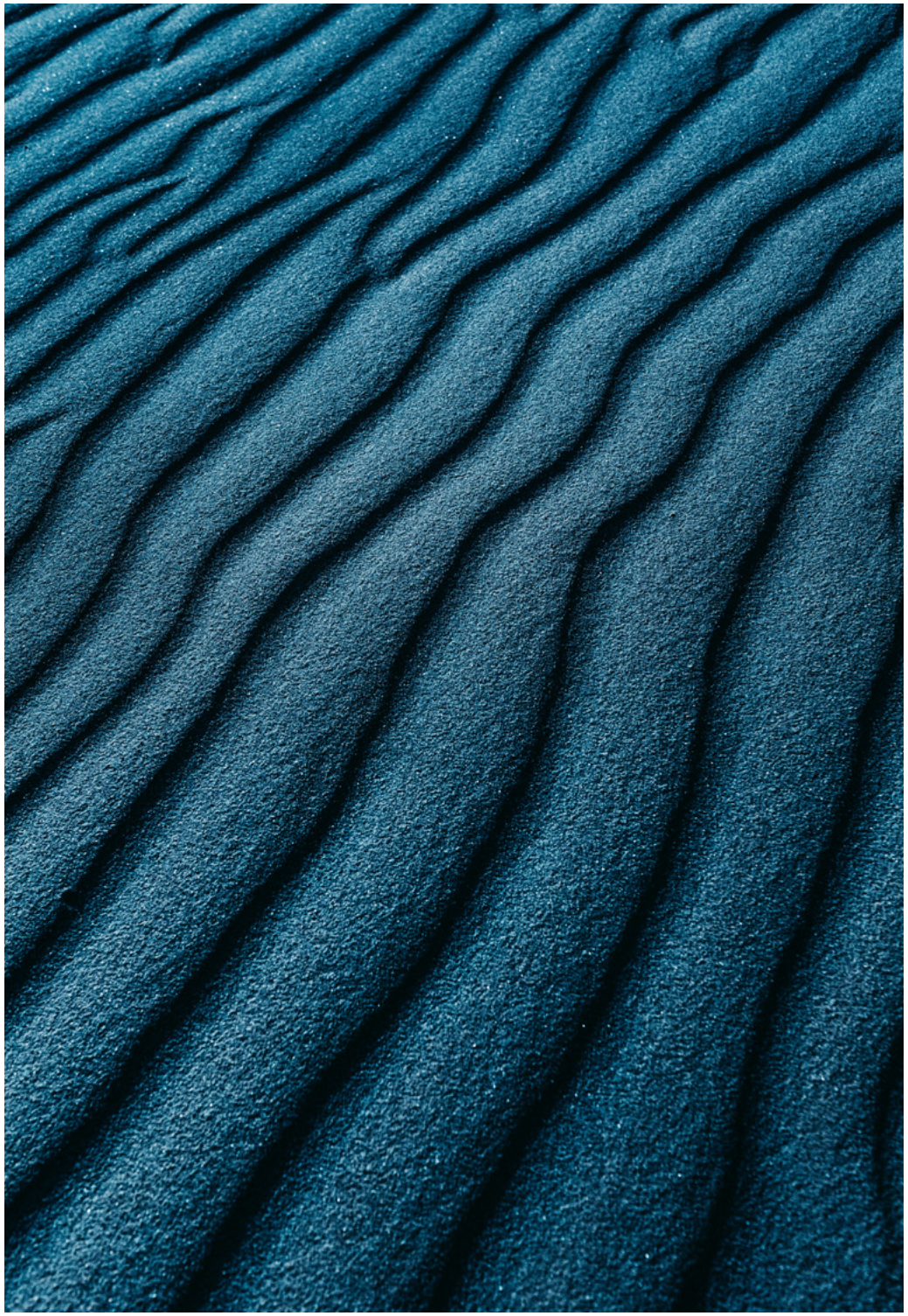
SINDHORN WELLNESS



The Sindhorn Collections

Indulge in the ultimate relaxation with our carefully crafted The Sindhorn Collections. Additional time in our private relaxation suite is included in every collection to complete your experience.

The Sindhorn Collections

The Complete
180 minutes | THB 13,500
Includes a 30-minute Himalayan salt and oil scrub,
a 30-minute nourishing body wrap, a 60-minute massage of your choice
and a 60-minute 111SKIN 'The Dramatic Healing' facial

This is the ultimate collection to help you look and feel your best. Begin with a Himalayan salt and oil scrub to exfoliate the body, followed by a nourishing body wrap and a massage of your choice. Conclude with the 111SKIN facial treatment, leaving you feeling renewed and radiant.

The Jet-Lag Recovery
150 minutes | THB 8,500
Includes a 60-minute Vichy shower,
a 60-minute massage of your choice and a 30-minute Ballancer session

Rebalance your body and mind after travel with our restorative Jet-Lag Recovery experience. Begin with a soothing Vichy shower, followed by a tension-relieving aromatic massage.
Conclude with Ballancer compression therapy and a hydrating sheet mask to fully restore energy and vitality. This is the perfect treatment for a complete post-flight reset.

The De-Stress
150 minutes | THB 7,500
Includes a 60-minute floatation session,
a 60-minute aromatic massage and a 30-minute express facial

Experience a sense of complete weightlessness as you float effortlessly in the floatation bath. Your body will feel deeply relaxed while your mind benefits from complete sensory stillness. Continue with a tension-melting aromatic massage and a rejuvenating express facial treatment.
This restorative retreat is ideal for those with active minds and bodies in need of deep relaxation.

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YOUR WELLNESS JOURNEY

The Sindhorn Collections

The Ultimate 111 Experience
150 minutes | THB 13,500
Includes the Black Diamond Facial and Black Diamond Sculpting Body treatments

Experience the epitome of luxury with this ultimate 111SKIN ritual, combining the lavish Black Diamond Facial and the Black Diamond Sculpting Body treatments. Your face and body will be visibly lifted and glowing with youthful radiance.

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500	
111SKIN Eye Mask	THB 1,000	
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

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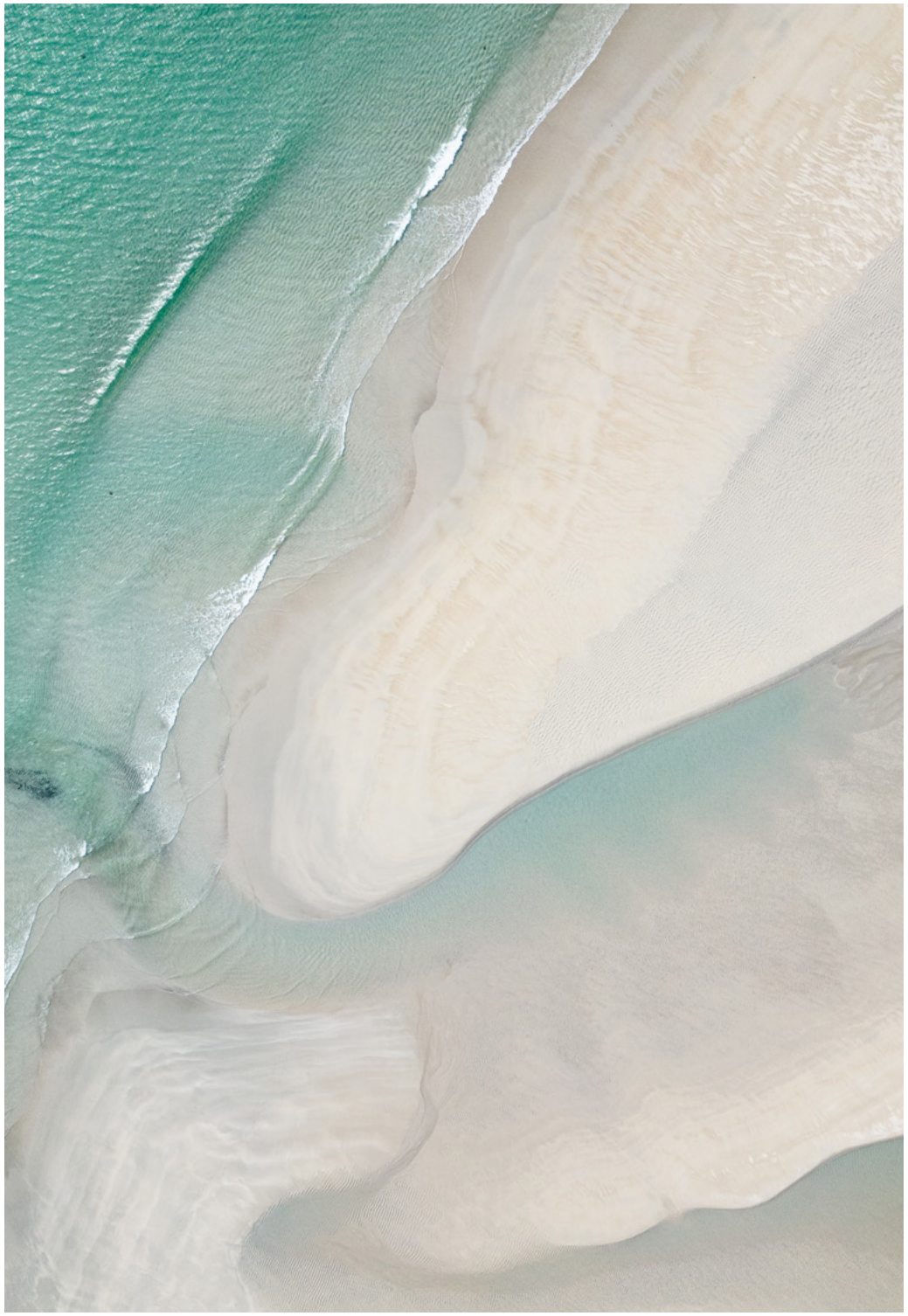
SINDHORN WELLNESS



Facial Experiences

Uncover radiant skin with our expertly tailored facials, designed for every skin type. Let our spa therapists guide you to your personalised experience.

Facial Experiences

The Brightness Facial
75 minutes |THB 10,500

This comprehensive Valmont anti-ageing facial clarifies the complexion and improves skin texture. It is specifically designed for pigmentation or sun-damaged skin. Your skin will become clearer, revitalised and firmer.

The Energy Facial
75 minutes |THB 10,500

This Valmont facial treatment focuses on combating the impact of stress, pollution and the high demands of modern life. It delivers essential nutrients to the deeper layers of the skin, revitalising dull, congested or lacklustre complexions and leaving them regenerated, radiant and firmer.

Anti-Ageing Collagen Facial
75 Minutes | THB 11,500

This anti-ageing facial specifically targets the deeper wrinkles and loss of firmness in the skin.

It uses a lifting and firming massage combined with a highly concentrated collagen mask to deliver deep nourishment for the skin, leaving your face visibly lifted and contoured.

The Black Diamond Lifting
90 minutes |THB 8,700

Our most opulent anti-ageing facial. A luxurious experience that harnesses the power of 111SKIN's most potent collection – the Intensive Collection – to promote a youthful, sculpted appearance. This treatment includes gentle exfoliation, revealing smoother, more even skin tone and uses products enriched with renewing and brightening actives with advanced delivery through Fine Diamond Particles and our patented NAC Y²™ formula.

A combination of Wrinkle Minimising Wand application and signature deep facial muscle massage techniques ensures the face is lifted, firmed and sculpted along the natural contours for a truly lifted and youthful appearance.

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YOUR WELLNESS JOURNEY

Facial Experiences

The Dramatic Healing
60 minutes | THB 6,800

A high-performance facial to deeply nourish and hydrate. Suitable for all skin types, its formulation is especially effective to calm and soothe damaged, inflamed and irritated skin. Originally created by Dr Yannis Alexandrides to accelerate the post-surgery healing processes, this facial epitomises the best of 111SKIN's famed surgically-inspired skincare. Harnessing the power of our exclusive NAC Y²™ complex to strengthen the skin barrier and prevent further inflammation, this facial magnifies the restorative effects of our Reparative Collection to enhance your complexion. Expect dryness, dehydration, sensitivity and redness to immediately lessen and improve – helping you achieve a feeling of total skin confidence.

The De-Puffing Cryo Facial
90 minutes |THB 6,800

This facial harnesses cryo-inspired technology and re-energising formulas to increase microcirculation and instantly dimmish puffiness and fatigue. The cooling globes massage encourages lymphatic drainage and detoxification, making it appear visibly brighter, toned, and refreshed. It's an invigorating facial for tired and lacklustre skin in need of rejuvenation.

The Gentleman's Facial
60 minutes| THB 6,500

Tailored specifically for men, this purifying yet hydrating treatment revitalises stressed and fatigued skin. The face is cleansed, exfoliated and hydrated, leaving the skin refreshed, balanced and invigorated.

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500
111SKIN Eye Mask	THB 1,000
The Ballancer- Upper Body or Lower Body	30 minutes | THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes | THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes | THB 1,500
The Dry Float	30 minutes | THB 1,500
The Dry Float & Wrap	30 minutes | THB 1,700

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SINDHORN WELLNESS

Body Experiences

Experience the ultimate head-to-toe relaxation with our rejuvenating body treatments, designed to cleanse, detoxify, and nourish.

Body Experiences

The Black Diamond Sculpting
60 minutes | THB 7,000

The ultimate anti-ageing body treatment delivers dramatic results from 111SKIN's Intensive Collection to shape, smooth and saturate the skin with nourishment. Following gentle exfoliation to smooth and refine, actively renewing formulas are applied with our signature massage techniques to lift, firm and deeply hydrate with a brightening anti-ageing effect on the body. Expect a smoother, sculpted figure with age-defying results.

The Slim & Firm
Anti-Cellulite Massage
60 minutes | THB 5,500

Embark on a transformative journey with our Slim & Firm treatment, designed to target problem areas with a specialised anti-cellulite massage.

The Bespoke Polish
60 minutes | THB 3,750

This relaxing all-over body exfoliation is tailored to your skin's needs. Choose either an exfoliating Himalayan salt scrub or a brown cinnamon sugar scrub to smooth and deeply hydrate your skin. This treatment is perfect on its own or as a preparation for other experiences.

The Rasul
30 minutes | THB 1,950

This self-applied treatment experience can be enjoyed alone or with a friend. Combining the benefits of heat, steam and therapeutic muds, we will guide you to the Rasul chamber, where we will then leave you to relax and enjoy this experience alone or with others.

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YOUR WELLNESS JOURNEY

Body Experiences

The Ballancer
Upper Body and/or Lower Body
60 minutes | THB 3,400

The Ballancer® is an advanced full-body treatment that can either enhance the results of your chosen body experience or be enjoyed as a standalone treatment. It is a versatile, relaxing and invigorating pressotherapy system that uses the proven principles of lymphatic drainage massage to address a range of concerns, including cellulite, loss of skin tone, fluid retention and bloating.
A course of five or 10 Body Ballancer® treatments helps reduce the appearance of cellulite, firms, smooths and tones the skin, and reduces volume in the abdomen, upper arms, buttocks and legs – the areas most commonly affected by fluid retention. Clients can choose the specific area they wish to treat.

Upper Body
30 or 60 minutes
Targets the upper abdomen, arms and back.

Lower Body
30 or 60 minutes
Targets the lower abdomen, buttocks, hips, thighs and entire lower leg.

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500	
111SKIN Eye Mask	THB 1,000	
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

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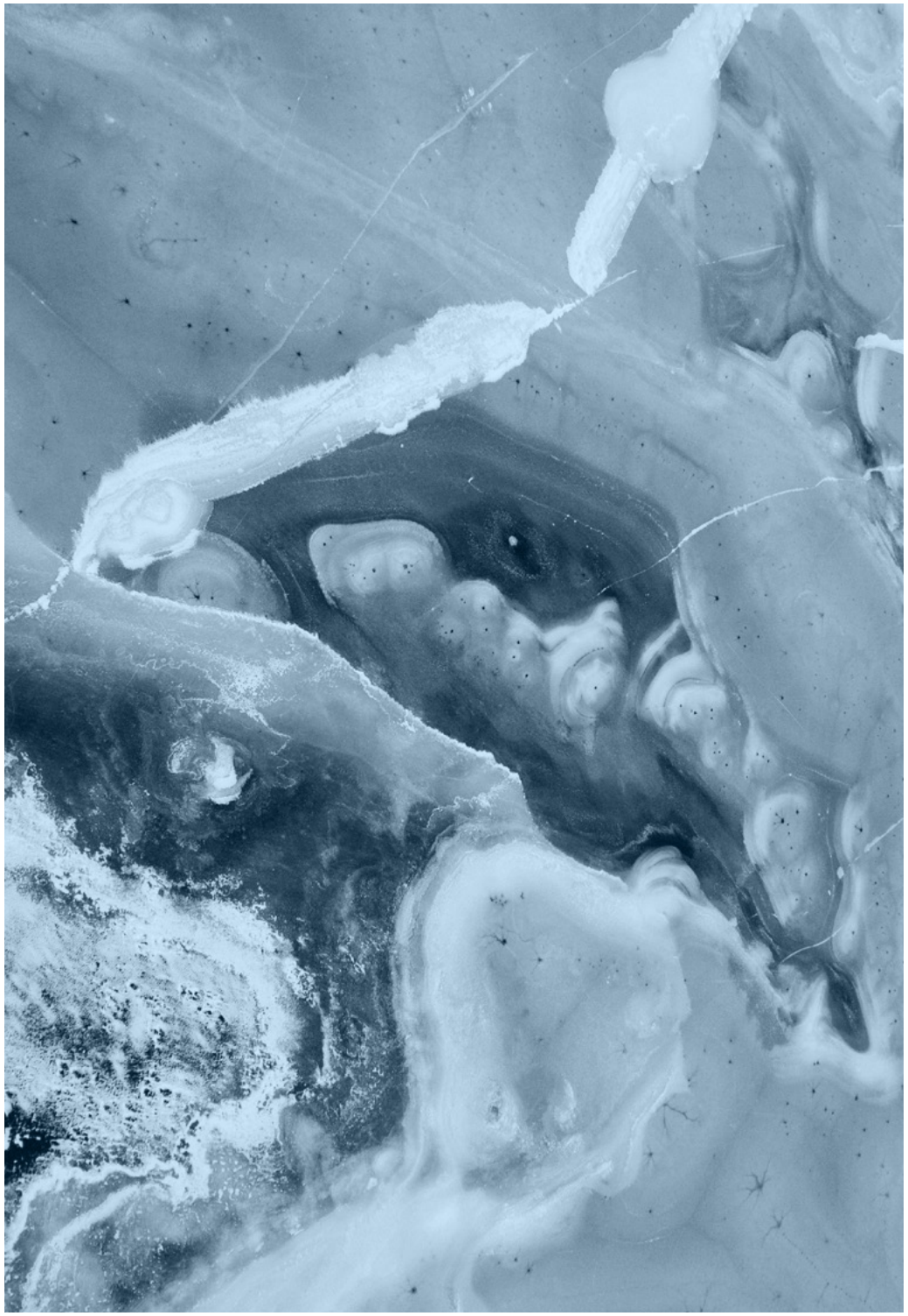

Massage Experiences

Immerse yourself in the soothing effects of our tailored massage experiences, expertly delivered by our skilled therapists. Elevate your experience by complementing your massage with another one of our exceptional treatments or together in our couple's suite.

Massage Experiences

The Hot Stone
90 minutes | THB 5,700
120 minutes | THB 6,700

Long massage strokes are combined with warm volcanic stones to ease sore muscles, release stiff joints and relieve tension throughout the body.

The Thai
60 minutes | THB 4,200
90 minutes | THB 5,200
120 minutes | THB 6,200

This oil-free treatment combines gentle twists, rocking motions, stretches and rhythmic pressures to deeply relax your body, enhance mobility and alleviate muscle tension. A foot massage is also included as part of this comprehensive experience.

The Thai Compress Massage Experience
90 minutes | THB 5,700
120 minutes | THB 6,700

Blending traditional Thai massage with warm herbal poultices, this treatment employs firm pressure on muscles to improve circulation and alleviate tension.

The Back, Neck & Shoulders
60 minutes | THB 4,200

Many of us hold tension in the upper back and neck, and this massage is tailored to your individual needs. A combination of massage techniques and carefully selected aroma blends help achieve your desired outcome.

The Thai Foot
60 minutes | THB 3,750

This foot massage combines acupressure techniques with a wooden massage tool to help improve circulation, relax muscles, relieve tension and boost energy.

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Massage Experiences

The Aroma
60 minutes | THB 4,200
90 minutes | THB 5,200
120 minutes | THB 6,200

This custom massage is designed to balance the body and mind. A synergy of seamless techniques and specially blended essential oils ensure you feel renewed and refreshed. The pressure can be soft or medium depending on your preference.

The Bespoke
60 minutes | THB 4,200
90 minutes | THB 5,200
120 minutes | THB 6,200

This classical massage uses five styles of long, gliding and flowing strokes. It has proven to be helpful in reducing muscular pain and joint stiffness while stimulating circulation. The massage can be performed with medium or deep pressure according to your preference.

The Deep
60 minutes | THB 4,500
90 minutes | THB 5,500
120 minutes | THB 6,500

This massage begins by gently warming the muscles to prepare them for deep stretching. It relieves tension in the muscles and connective tissue, making it ideal for those who enjoy a stronger massage.

Treatment Add-Ons

111SKIN Sheet Mask		THB 1,500
111SKIN Eye Mask		THB 1,000
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

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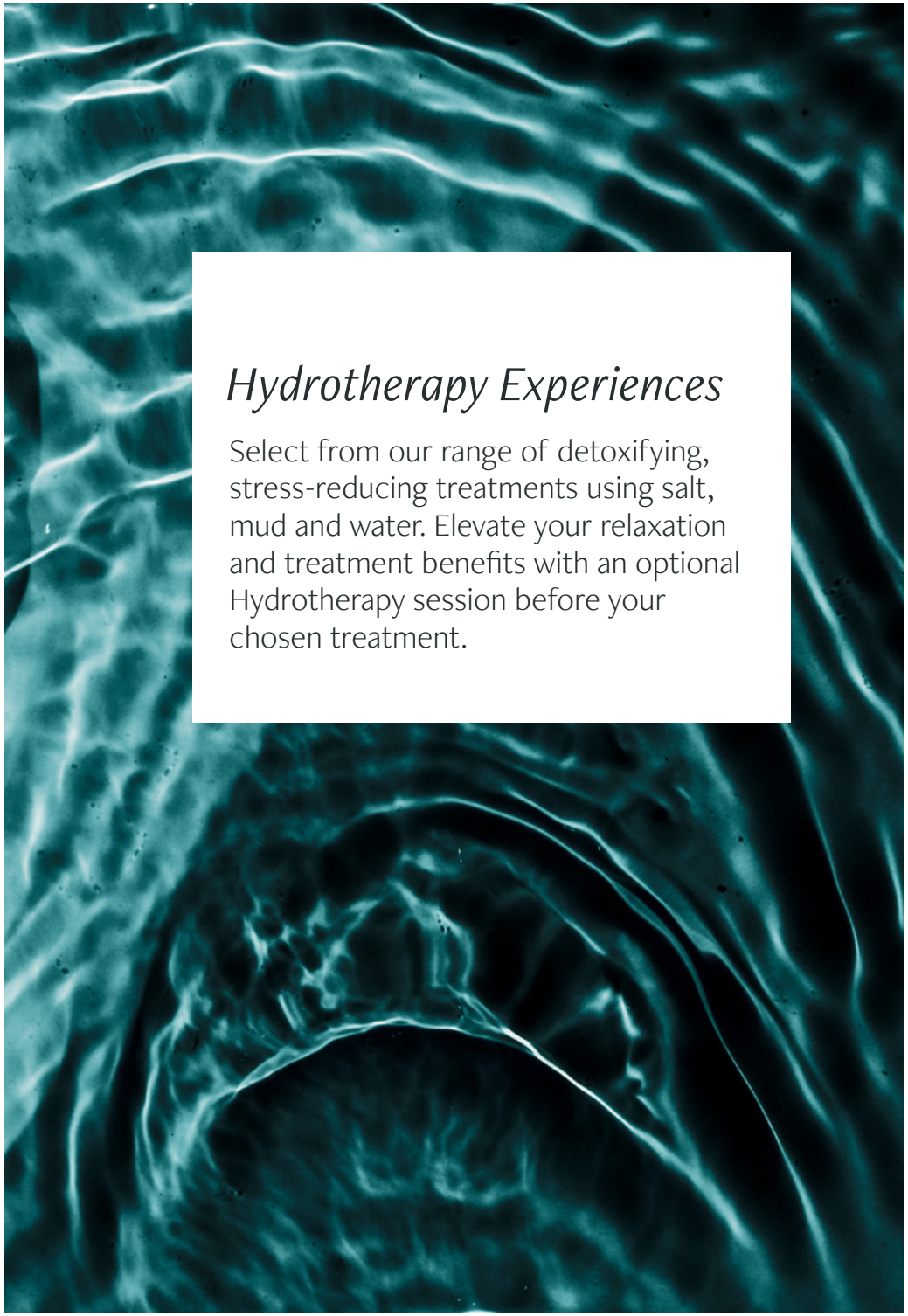


Hydrotherapy Experiences

Select from our range of detoxifying, stress-reducing treatments using salt, mud and water. Elevate your relaxation and treatment benefits with an optional Hydrotherapy session before your chosen treatment.

Hydrotherapy Experiences

The Vichy Bespoke Polish
60 minutes | THB 4,350

Enjoy your chosen Bespoke Polish in our Vichy shower, where adjustable jets mimic an invigorating waterfall to enhance blood circulation and hydrate the skin. The treatment concludes with a moisturising application to complete the experience.

The Detox Circuit
45 minutes | THB 4,000

This unique three-phase detoxifying treatment leaves you revitalised and energised.

1. A hydromassage lyophilised seawater bath delivers an optimum dose of trace elements and minerals, fortifying the epidermis and preventing cellular fatigue.
2. Dry flotation with an active mud wrap helps eliminate toxins.
3. A hydrojet water massage using variable pressure energises, vitalises and tones the body.

The Hydromassage Bath
Algae Contouring Bath or Thalasso Seawater Bath
20 minutes | THB 1,950

Relax and enjoy the combined benefits of active ingredients, massage and warm water. This treatment is a sensory experience and an excellent prelude to any massage.

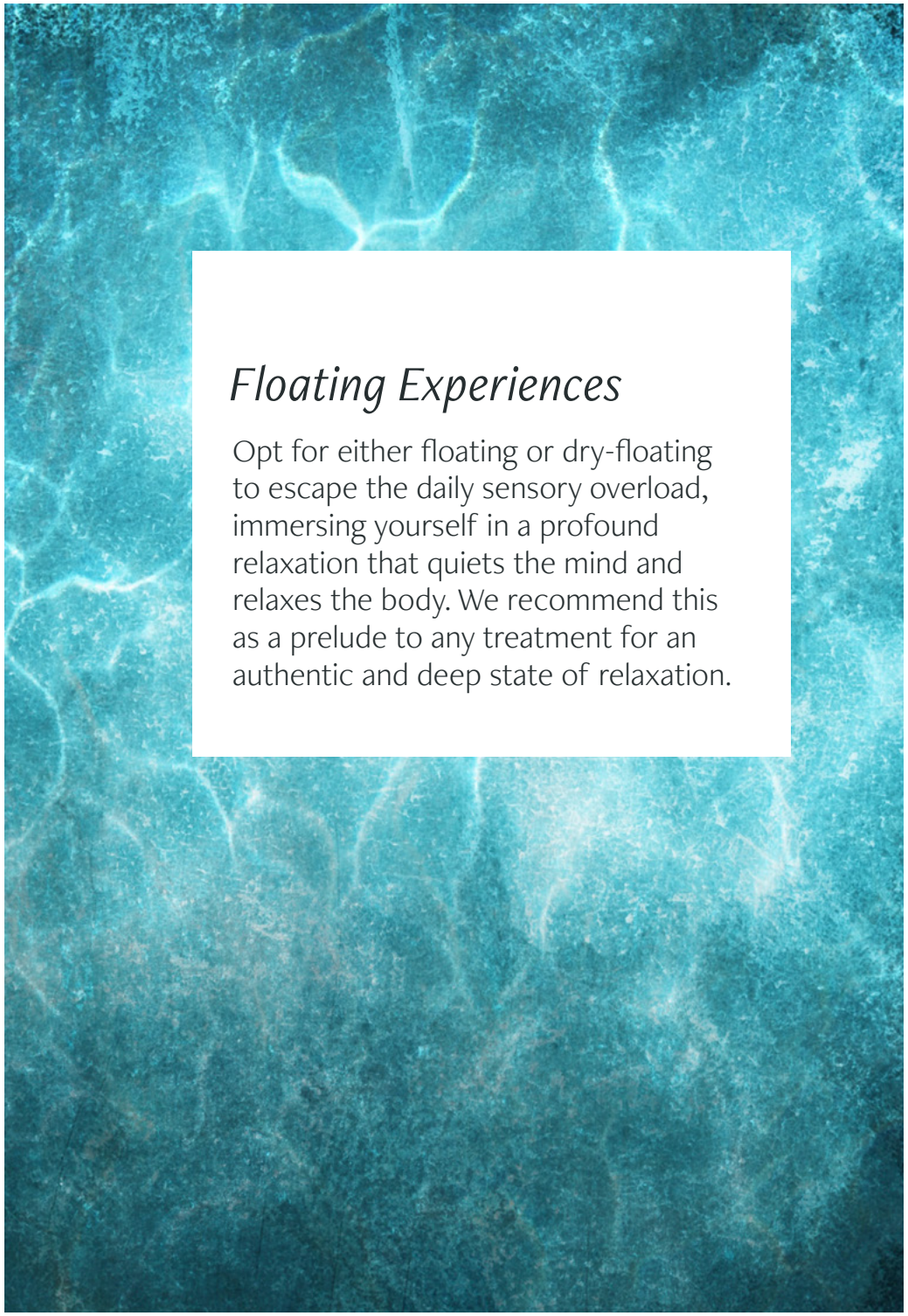
Algae Contouring Bath
This energising seawater bath is infused with slimming and firming algae extracts to detoxify the body and reduce fluid retention.

Thalasso Seawater Bath
Rebalance your body with a lyophilised seawater bath that delivers the optimum dose of trace elements and minerals, fortifies the epidermis and helps prevent cellular fatigue.

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500	
111SKIN Eye Mask	THB 1,000	
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

All prices are quoted in Thai Baht and are subject to a 10% service charge and 7% government tax.
ราคาข้างต้นระบุเป็นสกุลเงินบาท โดยยังไม่รวมค่าบริการ 10% และภาษีมูลค่าเพิ่ม 7%



Floating Experiences

Opt for either floating or dry-floating to escape the daily sensory overload, immersing yourself in a profound relaxation that quiets the mind and relaxes the body. We recommend this as a prelude to any treatment for an authentic and deep state of relaxation.

Floating Experiences

The Float

60 minutes | THB 2,800
90 minutes | THB 3,500

Float effortlessly in a pool of heated Epsom saltwater. Experiencing complete weightlessness and freedom from sensory input, your mind and body can take a well-deserved break. This newfound stillness allows stress to simply float away.

The Dry Float

Experience weightlessness by floating on a bed of covered body-temperature water. As you sink into the dry floatation bed, your body is cocooned and your mind benefits from the removal of all sensory input, allowing you to recover and re-energise.

Select your dry-float experience:

- *Dry Float*
  30 minutes | THB 1,800
- *Dry Float with a detoxifying body wrap*
  30 minutes | THB 1,950

Treatment Add-Ons

111SKIN Sheet Mask	THB 1,500	
111SKIN Eye Mask	THB 1,000	
The Ballancer- Upper Body or Lower Body	30 minutes	THB 1,500
The Hydromassage Algae Contouring Bath	20 minutes	THB 1,500
The Hydromassage Thalasso Seawater Bath	20 minutes	THB 1,500
The Dry Float	30 minutes	THB 1,500
The Dry Float & Wrap	30 minutes	THB 1,700

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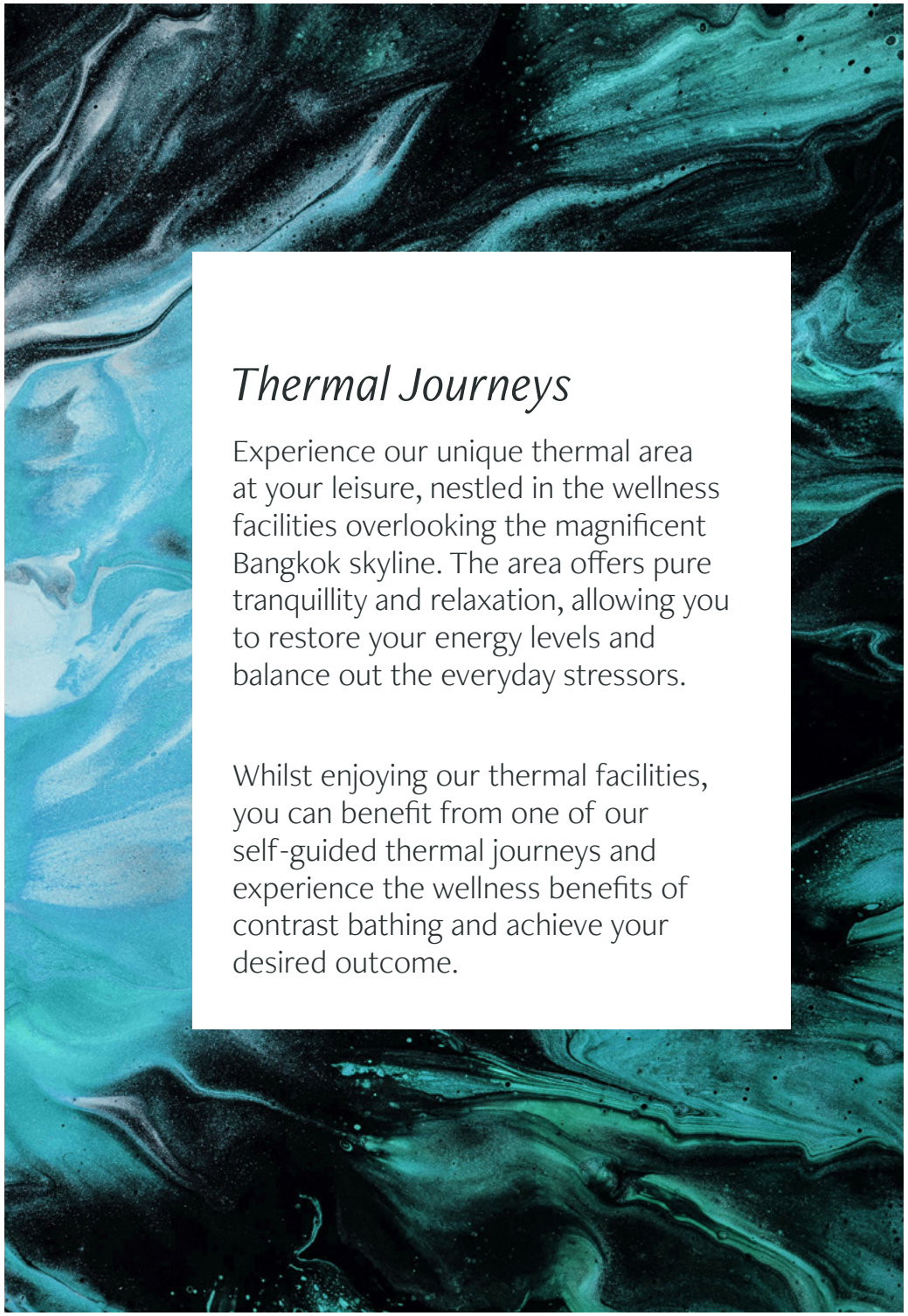

Thermal Journeys

Experience our unique thermal area at your leisure, nestled in the wellness facilities overlooking the magnificent Bangkok skyline. The area offers pure tranquillity and relaxation, allowing you to restore your energy levels and balance out the everyday stressors.

Whilst enjoying our thermal facilities, you can benefit from one of our self-guided thermal journeys and experience the wellness benefits of contrast bathing and achieve your desired outcome.

Thermal Journeys

Thermal Pass
THB 1,500

Enjoy full access to our thermal area.

Relaxation
Contrast bathing to promote slow gradual relaxation.

Detox
Contrast bathing to eliminate impurities.

Revitalising
Contrast bathing to promote a renewed sense of vitality.

Thermal Facilities
- Ice Room
- Salt Sauna
- Bio-Sauna
- Aroma Steam
- Experience Shower
- Ice Bucket Shower
- Tepidarium Loungers

The price is quoted in Thai Baht and is subject to a10% service charge and 7% government tax.
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The Spa Suavities

The spa environment is one of tranquillity and relaxation. Please respect the quiet and privacy of our other guests. We kindly request that you refrain from using mobile phones and cameras. It is recommended that you leave all valuables in your guest room safe. The spa cannot assume liability for any valuables.

Health Concerns

Please inform us of any health conditions, allergies or injuries that could affect your experience or use of the spa facilities.

Spa Experience

For your convenience, the spa will provide towels, slippers, shower caps and all other amenities required for use during your visit. You will be properly draped during all treatments to ensure privacy.

The Relaxation Lounge

As treatments benefit both body and mind, we invite and encourage you to rest after your experience to ensure that you gain the full benefit.

Gift Certificates

Our gift certificates make a wonderful gift for any special occasion. Please enquire with our spa concierge for details and purchase.

Minimum Age

The minimum age for spa treatments is 16.

Lateness & Cancellation Policy

Please note that late arrivals may result in a reduction of treatment time as a courtesy to the next guest. We kindly ask for a minimum of eight hours' notice for cancellations. Cancellations made with less than eight hours' notice will be charged at full price.

Reservations

Advance booking is highly recommended to secure your preferred times, particularly if you plan to visit multiple times during your stay. Walk-in bookings are subject to availability. Guests should plan to arrive 30 minutes before their treatment to enjoy the thermal area and maximise the benefit of their experience. To make a reservation, call the spa reception from your guest room by pressing the 'o' button on your in-room phone, or book your treatment online via 'QR Code Scan for Reservations'.

Scan for Reservations

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